

## **Honorable St. Honorius of Canterbury**

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Looking into the lives of prominent persons such as kings and archbishops, we get a snapshot of their day. The life of St. Honorius of Canterbury shows us a land in turmoil but a church steadily expanding.

Honorius is thought to have been one of the Benedictine monks sent by Pope Gregory I to convert the English. Whether he traveled there with St. Augustine of Canterbury in 596 or was sent with the second group in 601 is not certain. In fact, little is known of him, except that by his fervent and holy life he helped convert the people of Kent to Christianity.

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