

29 Ιουνίου 2011

## Repentance

[Ορθοδοξία και](#)

## crisis

[δινός](#)



by Elder Efraim

*Abbot of the Holy and Great Monastery of Vatopedi*

According to Abba Cassian the monk seeks to obtain the kingdom of heaven and aims to purify his heart through repentance. By extension this applies to all believers and laity who wish to struggle and are already struggling for their salvation. [read more... \(περισσότερα...\)](#)