

## On the prayer before Communion - Για την προσευχή προ της Θείας Κοινωνίας

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*Praying Before the Communion, Megara. Painting of Theodoros Rallis 1890*

### **Metropolitan Anthony of Sourozh**

In the name of the Father, the Son and the Holy Ghost.

Every time we come to Communion we say to the Lord that we come to Him Who is the Saviour of sinners, but we also state that we consider ourselves as the greatest of all. How much truth is there in such a statement when we make it? Or how can we make such a statement? Is it true? Can we truly say that we do consider ourselves the worst of all sinners? John of Kronstadt in his "Diary" makes a point which I believe is very important; he says that he also asks himself this very question, and he can answer it in all honesty, because, he says, if others had been given so much love, so much grace, so much Divine revelation as was given to him, they would have borne fruit which he proved unable to bear.

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