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## Elder Joseph the Hesychast on Patience and Endurance

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### Fortieth Letter

God always helps. He always comes in time, but patience is necessary.

Come, my good and beloved sister. Come and I shall comfort your sorrow once again. Come and we shall bless God with the sweet voice of our heart, intoned through our mouth, and resonating in our nous, saying, “Bless the Lord, O my soul, and let all that is within me bless His holy name.” [1]

Do you see how much the Lord loves us? Do you see how fortunate we ungrateful ones are for everything that His goodness gives us every day? But the time of the real harvest still awaits us: that blessed moment when we shall leave everything here and depart to the other homeland-the true one-the blessed life, the certain joy, so that each one of us receives the portion that the munificent, sweetest Jesus will give him.

O joy! O gratitude! O love of the heavenly Father! He cleanses us from all

defilement, honors us, enriches us, bestowing His riches! There, my golden sister, there are no crafty people to wrong us. Envy and jealousy will have disappeared. There are no passions there whatsoever; those who have them have remained on the other side of the bridge. For a great gulf is fixed between here and there. [2]  
[\(περισσότερα...\)](#)