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What is Primary to Orthodox Spirituality?

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by Rick Burns

We would think that this would be an easy question to answer ... but if we ask around, we will get many different answers. Some will tell us that we need to know the Traditions of the Church. Some will say that we need to know the Bible, others

may say we need to know the Saints, while still others recommend that we need to know the liturgical services. While all of these answers are excellent, how much do we need to know about these things to begin the Orthodox journey? Certainly, as we mature as adults, our understanding of these and many other important topics regarding the Orthodox faith should increase. But what is primary to begin and live the faith that will count us among the Orthodox believers?

Consider this primary thought: We must know who we are in our hearts.

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