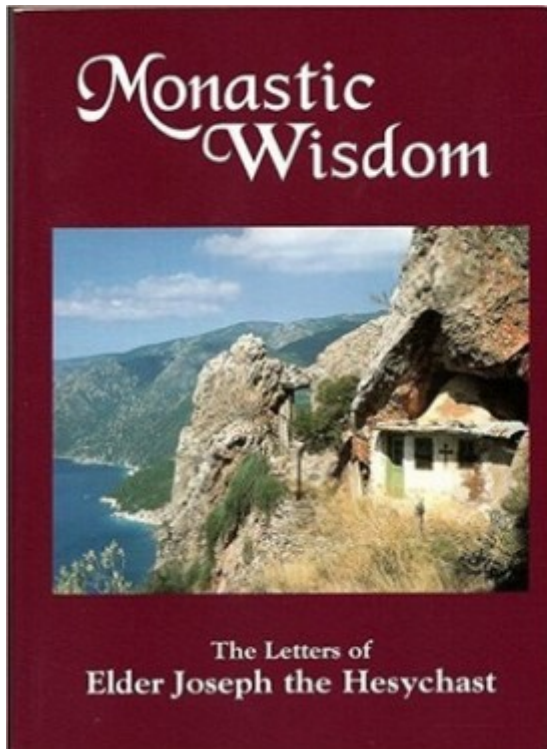


“Monastic Wisdom; The Letters of Elder Joseph



Elder

Joseph the Hesychast (1898-1959) was a charismatic personality of 20th century's Orthodox spirituality.

He became a monk in Mt Athos at a young age and finally he was a top teacher of Jesus' prayer. - [See more](#)