

Avoiding Spiritual Delusion

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Fresco from Holy Great Monastery of Vatopedi

I was able to continue reading *Unseen Warfare* last night and specifically I read a chapter titled “How to train one’s will to have but one ultimate aim in all things, both external and internal—to please God.” As Christians this is our ultimate aim, to re-align our will with the will of God and this is what the Church teaches us is pleasing to God. It is also perhaps the hardest thing we will ever try to achieve in our lives.

As descendants of Adam we all are subject to our passions. These passions, these

desires of our will have become what drives almost all of us; the fulfillment of them have become for the majority of the world the chief end of life:

For our nature is so accustomed to please itself, that it seeks its own comfort and pleasure in all its doings, even the most righteous and spiritual, and secretly and lustfully feeds on it as though it were food.

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